



## A Spiritual Yatra for a Better Life:-

Ancient Aliens the Mount Kailash, Secrets & Entrance to the city of the Gods. Mt. Kailash is home of Lord Shiva. Ancient secrets of Mount Kailash remain embedded in the heart of the Himalayas and this mysterious place will continue to fascinate people for a very long time. There is no doubt this is a place of great spiritual significance. Mt. Kailash -6714M & holy Mansarovar Lake are located in the Himalayas in Tibet, China. This yatra is really physically challenging due to high altitude Himalayan terrain so Blooming Travel Solutions P. Ltd always concern an exclusive yatra make it comfortable for life time memories journey for all Yatris.

## Holy Mansarovar and Mt. Kailash Yatra by overland {Drive in /drive out}

### Trip Fact

Trip Code : SGH9  
 Duration : 13 days  
 Trip Starts from : Kathmandu  
 Trip Ends from : Kathmandu






Best time of Travelling: End of April, May, June, July, August & September

Mode of Trip in Tibet : By Coach

Maximum altitude : Up to 5600m – During Kailash Parikrama Dolma Pass.

Mount Kailash and Mansarovar: Tibet

### Yatra Itinerary by coach

1	<b>Arrive in Kathmandu (1300 m):-</b> Arrival in the capital of Himalayan Kingdom of Nepal. Welcomed by our representative and transferred to hotel for rest – Overnight	Kathmandu	
2	<b>Kathmandu – visit temples- and briefing</b> Visit holy temple of Pashupatinath, Gujeshwari temple and Jal Narayan. Free time can utilized for some personal local sightseeing and shopping. Breifing on the holy yatra and final presentation. Overnight	Kathmandu	
3	<b>Drive Kathmandu to Kerung via Rasuwa Gadi 170KM</b> After breakfast drive to the Nepalese border town Rasuwagadi The customs and immigration formalities are completed here and the friendship bridge is crossed on foot. The pilgrimage is then transferred on the deluxe coaches or our journey ahead. The sturdy and comfortable vehicles that are controlled and guided by Tibetans. The accompanying Nepalese Serpas get into the coaches / waiting trucks after loading the food materiel's, Gas , water etc and the onward journey into the Tibetan/Chinese region continues toward the town of Kerung ( 3000M) for an overnight in a guest house.	Kerung	 
4	<b>Kerung – day free for acclimatization.</b> A show walk down the market place or a gradual test trek up the nearby mountains would be ideal for the mind and body. A day for relaxation and acclimatization to the high altitude. Overnight	Kerung	

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7 5	<p><b>Kerung – New Dongba 4600 m. (380 km)</b>          After an enjoyable drive through the mountains terrain and then the plains provides us a marvelous view of huge and bluish lake Pieko- Tso. The yearlong Tsangpo ( Brahmaputra river) is crossed over on, past the turn off for the northern route, and arrive at settlement of saga (4840M). The landscape gradually changes to the high plains of Tibet, soft beautiful and photogenic. We drive further to New Dongba. Stay overnight at Lodge</p>	<b>Dongba</b>	
7 6	<p><b>New Dongba – Mansarovar 4558 m (277 km)</b>          We drive through some high passes traversing the amazing Tibetan Landscape and some of the most beautiful panoramas on our journey. On the way we drive across some huge plains, then some rivers and pass some camping spots favored by truck drivers. The climb to the Mayum La is initially gentle but the top section is steep. The reward is a magnificent panorama that continues as we drop down and pass the stunning Mayum-Tso Lake. After a few hours of drive we approach a tourist terminal from where the the first view of Mount Kailash and Lake Manasarovar is a divine treat. At this point we change our vehicles and proceed further in a different coach. We are driven along the shores of the serene Lake Manasarovar with the magnificent Gurla Mandhata (Memo Nani, 7694m) towering on our left side and Mount Kailash on our right side. The view of Mount Kailash is breath taking, inspiring and inviting. Weather permitting, we halt at a conducive spot for the first holy dip which will not only cleanse the body but also purify the soul. And then continue with the Manas Parikrama on wheels.</p> <p>The day will be spent at Manasarovar, exploring the fascinating area. We drive and walking to the picturesque Chiu Monastery on the northwest shore of the lake. All those desirous of hiring horses and porters for personal use during the Parikrama need to confirm the same with our Group leader or Chinese Guide.</p>	<b>Mansarovar</b>	   
7 7	<p><b>Mansarovar – Darchen (40 km)</b>          After having spent a night near the lake, we leave for Darchen. On the way we pass by the Rakshas Tal, which is believed to be Ravana’s Lake. It was on the banks of this Lake where Ravana had done “Tapasya” for Lord Shiva. After a short drive we reach the foothills of Mount Kailash, the town of Darchen(4575m).</p> <p>If the weather and the Chinese favour us, we could go on a trek to Ashtapada. This is optional and not binding on either the yatri or the organizer. Getting early to bed will ensure a fresh beginning to the Parikrama or circumambulation of the Holy Mount Kailash</p>	<b>Darchen</b>	 
7 8	<p><b>Darchen – Yamdwar (7 km drive) – Dirapuk (4860 m.) (13 km trek / 5 – 6</b></p>		

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	<p><b>hrs)</b> Early morning we leave for the Parikrama and are dropped 7kms away at a bus depot near Yam Dwar. The pilgrims who decide against going on the Parikrama will return back to Darchen, The yatri's who have opted for the holy trek will then proceed towards Shersong. Those who have booked horses and porters should leave only after identifying their horseman and porter. The initial trek is through green meadows and streams with Mount Kailash towering nearby. The trekkers follow the river that enters a narrow canyon with high, steep cliffs and spectacular waterfalls. Continuing up the valley, the north face of Mount Kailash comes into view before we reach a 13th century monastery at Dira-puk (4910m). There cannot be a better view of Mount Kailash from any other spot than Dirapuk.</p>	<p><b>Dirapuk</b></p>	
<p>9</p>	<p><b>Dirapuk – Zuthulpuk (4760 m) (18 km trek / 9-10 Hrs) (passing through Dolma-la pass 5,600 m). O/N Government Hotel.</b> This is the toughest &amp; most exciting day of Parikrama. The trekking right from the beginning will be uphill till Drolma La pass (5620 m.) the highest point of the trek, where you can offer agarbatti to Lord Shiva and continue descending to the valley floor. The other side of Drolma La pass, you can have a spectacular view of Gaurikund the birth place of Lord Ganesha. The last leg of the journey is along the Indus River Bank till Zutulphuk. We advise all our Yatri's not to stay for more than 15 – 20 minutes while in Drolma La pass for Puja ritual. The oxygen percentage is very low and the it is very windy at Shiva-sthal</p>	<p><b>Zuthulpuk</b></p>	
<p>10</p>	<p><b>Zuthulpuk – Darchen (10 km / 4-5 hrs) – Mansarovar- Dongba (end of Kailash Parikrama). O/N Hotel in Dongba.</b> On the final day of the Parikrama/kora we cross several streams, and follow an impressive gorge. We then leave the valleys for the Bharka plains and is about an hour's walk through this desert-like landscape to a spot where we would be driven in a coach to Darchen for a short halt. We then proceed towards the Tourist Embarkation Centre where we had left our coach behind. After seating ourselves in our original coach we continue our drive towards New Drongba. This is a long drive as we pass the Mayum -tso and the Mayum La and several river crossings. The scenery along this section is some of the most beautiful of the entire journey. Overnight stay would be at New Drongba.</p>	<p><b>Dongba</b></p>	
<p>11</p>	<p><b>Drive Dongba to Kerung (380 km) 7-8 hrs.</b> After breakfast we begin our journey towards Nyalam. En route after passing through Saga, we cross the bridge over Yarlung Tsangpo (Brahmaputra River) and continue our journey across the vast open plains. There are stunning Himalayan views, particularly of Shishapangma and the Piekto-Tso Lake. Driving on well pitched roads and mountainous terrain we reach Nyalam for</p>	<p><b>Kerung</b></p>	

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	an overnight		
12	<b>Drive Kerung to Kathmandu (170 km) 6-7 hrs.</b> Cascading waterfalls lace the drive from Kerung towards we walk to the Nepalese immigration control in Kodari, complete the re-entry formalities and get transferred to our hotel in Kathmandu. This should take about 5/6 hours	<b>Kathmandu</b>	
13	<b>Final Departure./ Option trip</b> After breakfast we will drive you to airport for your onward journey		

**Cost Per Yatri INR. 97999/- Inr Indian yatri + 300USD China Govt. Fees (If guest wants he can directly pay at Nepal)**

Confirmed Yatra Dates: Arrival at Kathmandu- 2016				
Months	Full moon	Normal date	Helicopter	Inner Kora
April		29		
May	12 , 16	4, 28		
June	11, 15	2, 26		28
July	10, 14	1,21,29		6
August	9, 13	5, 17, 24		13
September	7, 11	2, 15,		

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INCLUSIONS	EXCLUSIONS
<p>3 nights accommodation in DLX hotel in Kathmandu on twin sharing and full board basis.</p> <p>Airport transfers and Half day sightseeing- A Darshan at a couple of Shrines including the Pashupatinath temple.</p> <p>All applicable Tibet Permit &amp; Visa fees.</p> <p>Transportation inside Tibet by Coach with support truck and a Land cruiser jeep only for emergency rescue.</p> <p>Staff &amp; equipment transportation.</p> <p>Accommodation in guesthouses in Tibet on multiple sharing basis.</p> <p>Transportation from Kodari border to Kathmandu and back by private bus.</p> <p>Yak &amp; Yakmen to carry essentials during Parikrama.</p> <p>Supply of portable oxygen, medical kit, Air compressor and G (Gammo Bag) in case of emergency.</p> <p>Down jacket only for use on a returnable basis.</p> <p>COMPLIMENTARY – Duffel bag, small back-pack and 2 liter can of Manas Jal.</p>	<ul style="list-style-type: none"> <li>•Personal clothing and personal trekking equipment.</li> <li>•Travel / medical insurance.</li> <li>•Expenses of personal nature, tipping, laundry, bar bills, bottled beverages</li> <li>•Any cost incurred in case of emergency / rescue evacuation due to any reason.</li> <li>•Horse for riding &amp; personal porter during parikrama.</li> <li>•Any other expenses not mentioned or included in our services</li> </ul> <p>Nepal visa – USD. 40.00 each for NRI pax only</p> <p><b>INFO:</b> Please be noted the above dates are our provisional group joining dates. Please reconfirm us the date before going to issue your international air ticket.</p>

### FIRST AID KIT – ALSO INCLUDED

First aid kit (typical backpacking kit for minor injuries/ our guide and team I carry- Diamox/Aspirin/pain killers||Lip balm/Mustard oil/Vaseline ||Plasters, TCP, salt, mint, Vicks for sore throats

**Note:** Down Jackets will be provided on returnable basis at Kathmandu for the Yatra.

### Communication Facilites:

Local Mobile [Chinese, will be charged as per the use].

Walky talky

### Term and Condition

#### Extra / Hidden expenditure

-Horse and horse man || -TIPS || Personal nature expenditure

-Any Yatris come back during yatra visa cancelation fee at Zangmu immigration and transport

#### Foods

-Pure veg. and fully hygienic, Mineral water

#### Accommodation

Available best Accommodation in Tibet multi sharing a room & Kathmandu twin sharing

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### Booking Policy:

Submit your Passport copy/ passport (6 Months validity) with INR. 25000/- before 60 days on date of departure

Balance payment before departure from India

### Refund policy

One month before yatra start dates Full refund

Within one 20 days INR 25000/- deducted

### Recommendation for yatra

#### Documents

Passport with copies Photographs, Identity card || Insurance policy copy

#### Fitness

Kindly consult your doctor and Age limit 70years.

As Mount Kailash and Lake Manasarovar is situated at high altitudes please start exercises like walking, jogging, yoga and other breathing exercises in order to have a successful yatra

#### Insurance

Kindly get yourself a medical insurance for this yatra. Please make sure you cover yourself for emergency evacuation (helicopter) in the insurance.

#### Common items

Water bottle Thermos flask for hot water (1/2 liter), Torch light /batteries || Dusk masks/face masks

#### Clothing

Enough clothes but do not make over load.

Wool socks (around 4 pairs), thick tights, wool monkey cap, scarves, warm light gloves,

Wool/thermal long underwear, Raincoat or Umbrella

#### Footwear

Sports comfortable shoes and A pair of light Sleepers

#### Toiletries

Toothbrush, toilet rolls, hand towel, Facial tissues, wet tissue)

#### Personal and General items for your yatra make comfortable

Any regular medicines that you take ||dark Sunglasses, Sun cream & Cold cream

Your favorite food which will keep you going including Nuts, biscuits, powder juice

Kapoor/Vicks/ Binoculars/Camera /extra batteries

Kailash Helicopter trip – 10 Days

Kailash Inner kora – 16 Day –

Damodar Kund by helicopter – 6 days

Kailash via Lhasa – 17 Days

Kailash with Everest Base Camp

**Note: Voter ID card / Passport must carry during flight to Kathmandu Nepal**

#### OPTIONAL TRIP:

- SAME DAY MANAKAMANA DEVI DARSHAN
- SAME DAY JANAKPURI DHAM DARSHAN
- 4 NIGHTS DAY TRIP TO MUKTINATH BY FLIGHT
- EVREST FLIGHT AT MORNING AN HOUR
- DAMODAR KUND BY HELICOPTER

#### Risk & Liability

Blooming Travel Solutions Pvt. Ltd. will do it best to make the tour with safe and smooth. As all the tour programs are conducted strictly under the rules and regulations of Tibet Tourism Bureau (TTB) And China India pilgrimage service center (CIPSC), Blooming Travel Solutions will not be accountable for any changes due to change of official rules and laws of Tibet.

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**ARHAM HOLIDAYS**  
Designer LLP



Moreover Blooming Travel Solutions will also not be liable for any changes in the itinerary due to unavoidable circumstances such as landslide, road blockage, flood, snow, and political unrest, cancellation of flight, sickness and accidents. Any extra cost arising due to the above circumstances shall be borne by the clients.

### Contact Information

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